

FLU SEASON in Schools

What parents need to know



medicaltracker

What is flu?

Flu is a common seasonal illness that can cause fever, tiredness, coughs and aches. In children, it can sometimes result in missed school days and prolonged recovery times.

How schools help reduce the spread

Flu is a common seasonal illness that can cause fever, tiredness, coughs and aches. In children, it can sometimes result in missed school days and prolonged recovery times.

School-based flu vaccination sessions

If your child's school hosts a flu vaccination session:

- You'll receive information in advance
- Participation is optional
- Vaccinations are delivered by trained healthcare professionals
- Consent is always required

What about the flu vaccine?

In the UK, the flu vaccine is offered to children each year.

Families can find out more by speaking to:

- Their GP practice
- Their school nursing team
- NHS services

Schools share information but do not provide medical advice.

WHEN SHOULD MY CHILD STAY AT HOME?

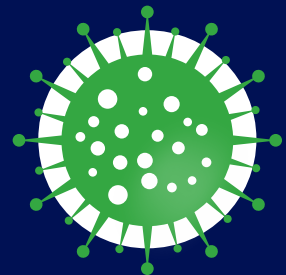
Please keep your child at home if they:



Have a high
temperature



Are feeling very
unwell



Are showing
flu-like symptoms

This helps protect other pupils and our colleagues.

Need more information?

Trusted sources include:

- NHS flu vaccination guidance
- Your GP or practice nurse.
- Local school nursing services.

**Hey, from us at Medical Tracker to you reading,
thank you for helping keep our school community healthy.**