

## KNOW THE SIGNS OF CONCUSSION

## Immediately after the head injury

- Confused
- Trouble remembering
- 🥠 Clumsy
- Headache
- Nausea
- Irritable?
- Sensitivity to light or noise
- Difficulty concentrating

Later that day

- Tiredness
- Personality or behavioural changes
- Complaints of "just not feeling right"
- Difficulty in keeping up with classroom activity