

# PAEDIATRIC EMERGENCIES KNOW THE SIGNS



medicaltracker

## Appearance:

- Not fully conscious
- Floppy or rigid
- Having a seizure
- Unable to move one or more limbs
- Signs of cyanosis (bluish discolouration of the skin), or appearing unusually pale or greyish. In darker skin tones, check inside the lips and/or compare the palm of the hand with a relative

## Behaviour:

- Inconsolable crying
- Confusion, agitation, or abnormal interactions
- Unable to speak or walk when previously able to do so

## Breathing:

- Unable to take a deep breath
- Breathing requires effort (fast breathing, grunting, flared nostrils, or indrawing between or under the ribs)
- Extra sounds or noises when breathing
- Breathing too fast or too slow
- Stops breathing
- Adopts an abnormal posture to help with breathing